

THE IMPACT OF FINANCIAL PLANNING, DEBT MANAGEMENT, AND LIQUIDITY ON UNIVERSITY FINANCIAL EFFECTIVENESS AND SUSTAINABILITY

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Abstract

Public universities in China, particularly in less-developed regions such as Sichuan, are increasingly operating under fiscal pressures caused by declining government subsidies, rising operational costs, and shifting decentralization reforms. This study investigates how three financial governance mechanisms—financial planning and budget control (FPBC), debt management and financing (DMF), and liquidity management (LM)—affect the sustainability of local public universities within the framework of regional governance and fiscal accountability. Drawing on survey data from 488 university financial administrators, partial least squares structural equation modeling (PLS-SEM) was applied to assess both direct and indirect effects of these practices on institutional sustainability through the mediating role of financial management effectiveness (FME). The findings reveal that FPBC, DMF, and LM exert significant and positive direct effects on sustainability, while the mediating influence of FME is not statistically significant. This suggests that internal financial effectiveness alone is insufficient to ensure long-term sustainability without external policy coordination and early warning mechanisms linking universities and local governments. The study contributes to the field of local governance by demonstrating how sub-national higher-education finance reforms and institutional financial governance practices jointly influence regional fiscal resilience and sustainable public-sector performance.

Keywords: Financial Governance, Sustainability Development, Liquidity Management, Debt Management, PLS-SEM

1. Introduction

The sustainability of universities has emerged as a global concern in the face of increasing financial constraints, demographic shifts, and intensified competition in higher education (Tilak, 2021; Johnstone, 2022). In many developing regions, universities face acute resource limitations while being tasked with achieving long-term educational, research, and social development goals. Financial resilience has therefore become a cornerstone of institutional sustainability.

China's higher education sector is no exception. In provinces such as Sichuan, universities must navigate complex financial challenges, including shrinking public subsidies, growing dependence on self-financing, and rising cost pressures associated with quality assurance and innovation (Liu & Zhao, 2020). To sustain their missions, universities increasingly rely on internal financial governance mechanisms. Among these, financial planning and budget control (FPBC), debt management and financing (DMF), and liquidity management (LM) are viewed as key pillars of risk mitigation. However, the pathways through which these financial practices contribute to institutional sustainability remain underexplored.

This study aims to bridge this gap by examining how FPBC, DMF, and LM influence university sustainability, with a focus on the mediating role of financial management effectiveness (FME). While prior studies have examined financial inputs and performance outcomes (Zhou & Wang, 2021), few have assessed the internal control mechanisms that shape sustainable development in universities.

Drawing on a large-scale empirical dataset collected from financial officers and

administrators across universities in Sichuan Province, this study tests a comprehensive structural equation model using PLS-SEM. It contributes to the literature by identifying FME as a key mechanism linking financial risk management with multidimensional sustainability outcomes, including economic stability, academic excellence, environmental responsibility, and social contribution.

2. Literature Review

2.1 Financial Planning and Budget Control (FPBC) and Financial Management Effectiveness (FME)

Financial planning and budget control (FPBC) are central to institutional governance and operational efficiency in higher education. The financial management of public universities has increasingly been recognized as a crucial component of local public-sector governance. Effective FPBC ensures resource predictability, strengthens cost control, and supports strategic goal alignment (Zhou & Zhang, 2019). Studies in the U.S. and Europe have found that robust budget systems are correlated with improved transparency and operational performance (Tucker & Parker, 2014; Broadbent & Laughlin, 2009). In developing countries, participatory budgeting and long-term financial forecasting have been shown to improve stakeholder trust and reduce financial waste (Otley, 2016; Coates & Conaway, 2009).

In China, FPBC practices have evolved from rigid input-based systems to performance-driven frameworks that emphasize cost-efficiency and flexibility (Chen et al., 2020). Liu and Zhou (2021) argue that well-structured FPBC enables effective internal control and promotes accountability. Strategic budget control has also been linked to enhanced fund reallocation capacity and more timely financial decision-making (Wang & Li, 2020).

H1: Financial planning and budget control (FPBC) positively affect financial management effectiveness (FME).

2.2 Debt Management and Financing (DMF) and Financial Management Effectiveness (FME)

Universities increasingly rely on debt financing to support infrastructure, innovation, and expansion. Effective debt management and financing (DMF) involves controlling debt levels, diversifying funding sources, and mitigating associated risks (Altbach et al., 2009; Palmer, 2013). International studies show that institutions with clear debt strategies are better able to balance capital investments with liquidity stability (Johnstone & Marcucci, 2010; Kwiek, 2015). Debt management and financing (DMF) represent another critical dimension of financial governance, particularly within decentralized education systems. Universities increasingly depend on borrowing and alternative financing mechanisms to support infrastructure and innovation, paralleling local governments' reliance on off-budget financing and public-private partnerships (PPPs) (Palmer, 2013; Johnstone & Marcucci, 2010).

In the Chinese context, DMF has been pivotal in allowing universities to reduce dependency on direct government transfers, particularly in Western provinces (Xu & Feng, 2019). Zhang and Liu (2021) highlight that transparent debt policies enhance financial reporting and improve credit access. Furthermore, Qian and Huang (2022) find that innovative financing mechanisms (e.g., PPPs, education bonds) correlate with better internal audit performance and managerial discipline.

H2: Debt management and financing (DMF) positively affect financial management effectiveness (FME).

2.3 Liquidity Management (LM) and Financial Management Effectiveness (FME)

Liquidity management (LM) refers to an institution's ability to maintain adequate cash flows and reserve capacity to meet short-term obligations. International literature emphasizes the importance of liquidity for coping with enrollment volatility, policy delays, and emergencies (Ryan, 2004; Graham & Tucker, 2012). For sub-national governments, robust liquidity strategies within public universities reduce the risk of fiscal contagion and protect regional service continuity. Poor liquidity practices have been linked to delayed salary payments, stalled projects, and credibility erosion (Zeller & Sharma, 1998).

In China, where universities often rely on seasonal funding flows, LM has gained importance as a buffer against operational disruptions (Liu et al., 2020). Practices such as dynamic cash flow analysis, liquid asset tracking, and emergency fund reserves contribute significantly to financial control quality (Wang et al., 2018). Zhao and Guo (2021) confirm that effective liquidity planning increases efficiency in resource deployment and improves fund monitoring.

H3: Liquidity management (LM) positively affects financial management effectiveness (FME).

2.4 Direct Effects of FPBC, DMF, and LM on University Sustainability (SDU)

While FME serves as a critical mediator, the direct effects of financial strategies on sustainability should not be overlooked. Strategic financial planning can enable forward-looking investments in teaching and infrastructure (Zhang & Tang, 2020). Similarly, diversified debt portfolios support long-term capital development while minimizing default risk (Palmer, 2013).

Liquidity management has a direct stabilizing effect by ensuring cash availability during crises, enabling uninterrupted academic and administrative operations (Wu & Li, 2019). While internal efficiency is necessary, institutional sustainability ultimately depends on coordinated governance among universities, local governments, and regulatory bodies (Han & Zhang, 2021; Omar et al., 2023). When governance alignment is weak, FME alone may not lead to sustainable outcomes—highlighting the importance of financial early warning systems and policy integration between educational and fiscal authorities.

These findings are echoed in global studies emphasizing how risk-averse financial behavior fosters resilience and reputational strength (Graham & Tucker, 2012; Altbach et al., 2009).

H4: FPBC positively affects university sustainability (SDU).

H5: DMF positively affects university sustainability (SDU).

H6: LM positively affects university sustainability (SDU).

2.5 Financial Management Effectiveness (FME) and University Sustainability (SDU)

Financial management effectiveness (FME) reflects a university's ability to manage resources efficiently, transparently, and strategically. Some scholars argue that robust financial systems may contribute to institutional sustainability by enhancing cost recovery, innovation, and long-term resilience (OECD, 2019; Johnstone, 2022). In the Chinese context, FME has been viewed as a bridge between financial risk control and strategic execution (Han & Zhang, 2021). However, empirical findings remain mixed regarding its direct impact on sustainability, suggesting the need to explore complementary mechanisms such as financial early warning systems (Omar et al., 2023;

de Oliveira & Avelino, 2024).

H7: Financial management effectiveness (FME) positively affects university sustainability (SDU).

2.6 Conceptual Framework

Figure 1 presents the proposed conceptual model. It incorporates financial management effectiveness (FME) as a potential mediator in the relationship between financial risk management practices (FPBC, DMF, LM) and university sustainability (SDU).

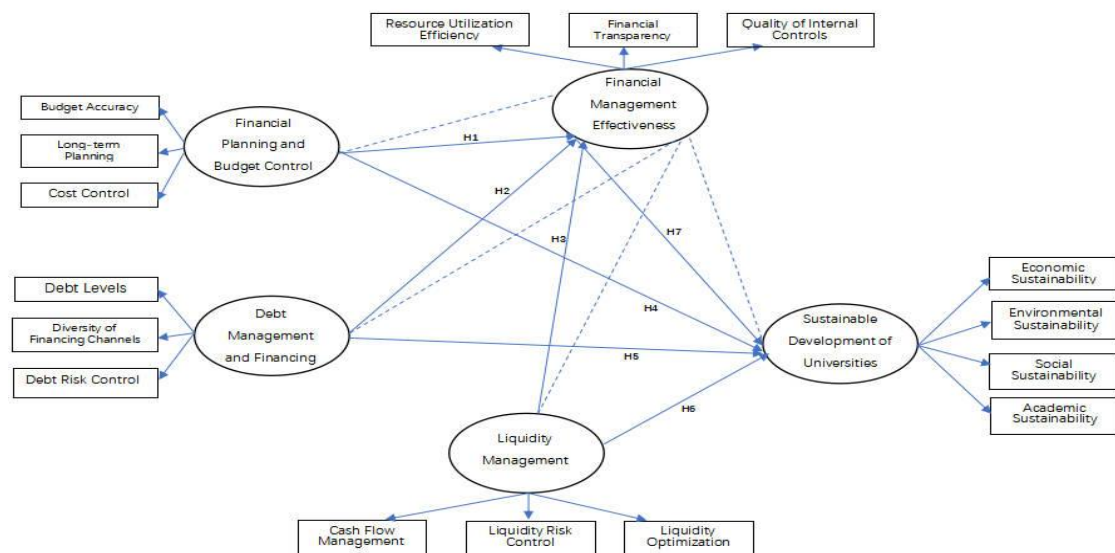


Figure 1 The Research Conceptual Model

To ensure empirical focus and model parsimony, this journal version intentionally excludes the Financial Risk Early Warning System (FREWS), which was part of the original doctoral model, and centers the analysis on Financial Management Effectiveness (FME) as the sole mediating variable.

3. Methodology

3.1 Research Design

This study adopts a quantitative, cross-sectional research design to examine the relationships among financial planning and budget control (FPBC), debt management and financing (DMF), liquidity management (LM), financial management effectiveness (FME), and university sustainability (SDU). A structured survey instrument was developed based on validated scales in prior literature, and the proposed research model was tested using partial least squares structural equation modeling (PLS-SEM).

Partial least squares structural equation modeling (PLS-SEM) was applied using SmartPLS 4.0 to test both direct and mediating effects. The method was chosen for its suitability in analyzing complex models with latent governance constructs and non-normal data distributions (Hair et al., 2019). PLS-SEM also allows for an examination of policy-relevant causal pathways in governance research, making it particularly appropriate for studying how financial management mechanisms contribute to institutional and regional sustainability.

The focus on Chinese higher education institutions—specifically universities in Sichuan Province—provides a representative context for examining financial governance under resource constraints. The study isolates seven theoretically grounded hypotheses from a broader conceptual framework to examine the mediating role of FME.

3.2 Sample and Data Collection

The target population consisted of financial administrators, managers, and policymakers at public universities in Sichuan Province, China. Stratified sampling was employed to ensure representation from both (1) financial managers and (2) university-level finance policymakers. Data were collected via an online survey platform using professional networks and institutional contacts.

Data were collected through an online survey distributed via professional university associations, financial officers' networks, and regional government education offices. Each respondent participated voluntarily, with anonymity assured to minimize social desirability bias. A total of 488 valid responses were collected. The final sample met the requirements for multivariate analysis and exceeded the minimum sample size recommended for PLS-SEM, which is 10 times the maximum number of paths pointing to a single construct (Hair et al., 2019).

3.3 Measurement Instrument

All constructs were measured using multi-item Likert-type scales (1 = Strongly disagree, 5 = Strongly agree).

Table 1. Measurement Constructs, Dimensions, Sample Items, and Sources

Construct	Dimensions	Sample Items	Source(s)
FPBC	Budget accuracy, long-term planning, cost control	"Our university has clear long-term financial plans."	Otley (2016); Chen et al. (2020)
DMF	Debt levels, financing diversity, risk control	"Debt is managed through clearly defined institutional policies."	Johnstone & Marcucci (2010); Xu & Feng (2019)
LM	Cash flow, liquid assets, emergency reserves	"We monitor liquidity risks regularly."	Graham & Tucker (2012); Liu et al. (2020)
FME	Resource efficiency, internal control, financial transparency	"Financial reports are timely and clearly communicated."	Liu & Zhao (2020); Han & Zhang (2021)
SDU	Financial, academic, environmental, and social sustainability	"The institution is financially stable over the long term."	UNESCO (2022); Zhou & Wang (2021)

Prior to full deployment, the questionnaire was pilot-tested with 20 respondents from three universities to ensure conceptual clarity and cultural validity. Minor wording revisions were made to ensure consistent interpretation of governance-related terms (e.g., "accountability" and "public oversight"). Ethical approval was obtained from the research committee of the lead institution, and all participants provided informed consent.

3.4 Data Analysis Procedure

Data were analyzed using SmartPLS 4.0, which supports complex models with reflective constructs, mediation paths, and non-normal data. The analysis followed a two-step approach (Hair et al., 2019): 1. Measurement model evaluation: Convergent validity (outer loadings, AVE). Internal consistency reliability (Cronbach's alpha, Composite reliability). Discriminant validity (Fornell-Larcker criterion, HTMT ratio) 2. Structural model evaluation: This involved assessing path coefficients and their

significance using bootstrapping with 5,000 subsamples. Evaluation criteria included the coefficient of determination (R^2), effect size (f^2), and predictive relevance (Q^2). Mediation analysis was conducted to assess indirect effects. Multicollinearity was examined using the Variance Inflation Factor (VIF), with thresholds applied according to recommended guidelines.

3.5 Common Method Bias and Ethical Considerations

To reduce common method bias (CMB), the survey design included reverse-coded items and ensured anonymity. Harman's single factor test confirmed that no single factor accounted for more than 40% of the variance. Additionally, ethical approval was obtained from the research ethics board of the principal investigator's institution, and all participants provided informed consent.

4. Data analysis and results

4.1 Reliability and Validity

Based on the reliability and validity analysis results presented in Tables 1 and 2, the measurement model demonstrates good internal consistency reliability and convergent validity for both first-order and second-order constructs.

As recommended by Hair et al. (2019), item loadings exceeding 0.708 are considered acceptable, and in this study, all indicator loadings surpass this threshold, confirming sufficient indicator reliability. Furthermore, all constructs exhibit Cronbach's alpha and composite reliability (ρ_A and ρ_C) values greater than the recommended minimum of 0.70 (Hair et al., 2011), with most values ranging from 0.836 to 0.899 for first-order constructs and from 0.836 to 0.884 for second-order constructs. These results affirm the strong internal consistency of the constructs.

Additionally, the average variance extracted (AVE) values for all constructs exceed the minimum acceptable level of 0.50, with values such as 0.707 for "Budget Accuracy (BA)", 0.703 for "Liquidity Reserve Strategy (LRS)", and 0.775 for the second-order construct "FPBC_2nd". These findings confirm that the latent constructs account for more than 50% of the variance in their respective indicators, satisfying the criteria for convergent validity.

Therefore, the measurement model meets the required psychometric standards, indicating that the construct measures are reliable and valid for use in subsequent structural model analysis.

Table 2: Reliability and validity analysis of first order dimensions

	loading s	T	P	Cronba ch's alpha	rho_a	rho_c	AVE
FPBC1 <- BA	0.837	54.737	0.00 0	0.896	0.897	0.923	0.707
FPBC2 <- BA	0.842	57.125	0.00 0				
FPBC3 <- BA	0.848	65.564	0.00 0				
FPBC4 <- BA	0.845	62.126	0.00 0				
FPBC5 <- BA	0.833	53.006	0.00 0				
FPBC6 <- LTP	0.828	53.186	0.00 0	0.891	0.892	0.920	0.697

FPBC7 <- LTP	0.836	57.468	0.00 0				
FPBC8 <- LTP	0.836	60.296	0.00 0				
FPBC9 <- LTP	0.846	64.419	0.00 0				
FPBC10 <- LTP	0.829	58.085	0.00 0				
FPBC11 <- CC	0.830	52.799	0.00 0	0.886	0.886	0.916	0.687
FPBC12 <- CC	0.840	62.287	0.00 0				
FPBC13 <- CC	0.817	54.331	0.00 0				
FPBC14 <- CC	0.821	53.175	0.00 0				
FPBC15 <- CC	0.836	60.365	0.00 0				
DMF1 <- DL	0.824	48.053	0.00 0	0.891	0.891	0.920	0.696
DMF2 <- DL	0.838	54.773	0.00 0				
DMF3 <- DL	0.846	63.188	0.00 0				
DMF4 <- DL	0.832	52.748	0.00 0				
DMF5 <- DL	0.831	59.124	0.00 0				
DMF6 <- DFC	0.842	66.372	0.00 0	0.880	0.881	0.913	0.677
DMF7 <- DFC	0.831	59.302	0.00 0				
DMF8 <- DFC	0.824	53.983	0.00 0				
DMF9 <- DFC	0.802	46.810	0.00 0				
DMF10 <- DFC	0.814	54.603	0.00 0				
DMF11 <- DRC	0.824	57.904	0.00 0	0.882	0.882	0.914	0.679
DMF12 <- DRC	0.816	52.574	0.00 0				
DMF13 <- DRC	0.845	62.363	0.00 0				
DMF14 <- DRC	0.825	55.706	0.00 0				
DMF15 <- DRC	0.810	47.996	0.00 0				

LM1 <- CFM	0.820	57.509	0.00	0.889	0.889	0.918	0.692
			0				
LM2 <- CFM	0.842	62.820	0.00				
			0				
LM3 <- CFM	0.822	50.467	0.00				
			0				
LM4 <- CFM	0.846	62.112	0.00				
			0				
LM5 <- CFM	0.829	57.077	0.00				
			0				
LM6 <- LRS	0.832	54.817	0.00	0.894	0.894	0.922	0.703
			0				
LM7 <- LRS	0.833	57.261	0.00				
			0				
LM8 <- LRS	0.836	58.425	0.00				
			0				
LM9 <- LRS	0.842	63.518	0.00				
			0				
LM10 <- LRS	0.848	66.071	0.00				
			0				
LM11 <- LO	0.840	62.335	0.00	0.894	0.895	0.922	0.703
			0				
LM12 <- LO	0.843	63.411	0.00				
			0				
LM13 <- LO	0.856	65.327	0.00				
			0				
LM14 <- LO	0.812	46.892	0.00				
			0				
LM15 <- LO	0.840	61.004	0.00				
			0				
FME1 <- RUE	0.847	63.026	0.00	0.894	0.894	0.922	0.702
			0				
FME2 <- RUE	0.839	59.720	0.00				
			0				
FME3 <- RUE	0.851	65.697	0.00				
			0				
FME4 <- RUE	0.829	54.882	0.00				
			0				
FME5 <- RUE	0.822	52.809	0.00				
			0				
FME6 <- FT	0.844	63.221	0.00	0.891	0.891	0.920	0.696
			0				
FME7 <- FT	0.829	51.684	0.00				
			0				
FME8 <- FT	0.822	51.054	0.00				
			0				
FME9 <- FT	0.845	63.308	0.00				
			0				

FME10 <- FT	0.832	57.492	0.00 0				
FME11 <- QIC	0.812	46.834	0.00 0	0.885	0.885	0.915	0.684
FME12 <- QIC	0.834	58.841	0.00 0				
FME13 <- QIC	0.836	57.648	0.00 0				
FME14 <- QIC	0.824	52.830	0.00 0				
FME15 <- QIC	0.831	55.749	0.00 0				
SDU1 <- ECS	0.840	55.356	0.00 0	0.896	0.896	0.923	0.706
SDU2 <- ECS	0.840	56.456	0.00 0				
SDU3 <- ECS	0.821	47.389	0.00 0				
SDU4 <- ECS	0.848	61.090	0.00 0				
SDU5 <- ECS	0.853	61.738	0.00 0				
SDU6 <- ENS	0.844	56.956	0.00 0	0.892	0.892	0.920	0.698
SDU7 <- ENS	0.843	60.923	0.00 0				
SDU8 <- ENS	0.829	52.401	0.00 0				
SDU9 <- ENS	0.814	45.794	0.00 0				
SDU10 <- ENS	0.846	66.943	0.00 0				
SDU11 <- SS	0.813	47.117	0.00 0	0.883	0.883	0.914	0.680
SDU12 <- SS	0.823	53.187	0.00 0				
SDU13 <- SS	0.840	56.850	0.00 0				
SDU14 <- SS	0.829	55.130	0.00 0				
SDU15 <- SS	0.819	49.271	0.00 0				
SDU16 <- AS	0.832	56.004	0.00 0	0.899	0.899	0.925	0.712
SDU17 <- AS	0.853	61.512	0.00 0				
SDU18 <- AS	0.839	63.351	0.00 0				

SDU19 <- AS	0.848	64.193	0.00 0
SDU20 <- AS	0.846	63.504	0.00 0

Table 3 Reliability and validity analysis of second order variables

	loadin gs	T	P	Cronba ch's alpha	rho_a	rho_c	AVE
BA <- FPBC_2nd	0.888	88.61 3	0.00 0	0.855	0.855	0.912	0.775
LTP <- FPBC_2nd	0.885	77.72 0	0.00 0				
CC <- FPBC_2nd	0.869	70.08 1	0.00 0				
DL <- DMF_2nd	0.878	73.79 8	0.00 0				
DFC <- DMF_2nd	0.869	71.17 6	0.00 0	0.850	0.852	0.909	0.769
DRC <- DMF_2nd	0.883	81.35 7	0.00 0				
CFM <- LM_2nd	0.871	73.73 3	0.00 0				
LRS <- LM_2nd	0.870	72.93 9	0.00 0				
LO <- LM_2nd	0.863	65.55 5	0.00 0	0.865	0.867	0.917	0.788
RUE <- FME_2nd	0.874	64.86 6	0.00 0				
FT <- FME_2nd	0.897	93.47 5	0.00 0				
QIC <- FME_2nd	0.891	100.4 88	0.00 0				
ECS <- SDU_2nd	0.879	76.91 1	0.00 0	0.884	0.885	0.920	0.742
ENS <- SDU_2nd	0.860	63.52 6	0.00 0				
SS <- SDU_2nd	0.852	61.95 4	0.00 0				
AS <- SDU_2nd	0.853	62.13 5	0.00 0				

4.2 Discriminant validity

According to the Fornell–Larcker criterion (Fornell & Larcker, 1981), both the first-order and second-order constructs in this study demonstrate satisfactory discriminant validity. For the first-order constructs, the square root of the AVE (diagonal values) is greater than the corresponding inter-construct correlations (off-

diagonal values). For example, the square root of AVE for AS is 0.844, which exceeds its correlations with BA (0.479), ECS (0.672), ENS (0.631), and other constructs. This pattern is consistently observed across all first-order constructs such as BA, CC, CFM, DL, LTP, QIC, RUE, and SS. Similarly, for the second-order constructs, the square roots of AVE—for instance, DMF_2nd = 0.877, FME_2nd = 0.887, FPBC_2nd = 0.881, LM_2nd = 0.868, and SDU_2nd = 0.861—are all greater than their correlations with other second-order constructs (e.g., SDU_2nd ↔ FME_2nd = 0.632). These results confirm that each construct shares more variance with its own indicators than with other constructs, indicating strong discriminant validity at both the first-order and second-order levels (Hair et al., 2019).

Table 4 Fornell and Larcker Distinguishing Effect for First Order Dimensions

	AS	BA	CC	CF M	DF C	DL	DR C	EC S	EN S	FT	LO	LR S	LT P	QI C	RU E	SS
AS	0.844															
BA	0.479	0.841														
CC	0.438	0.647	0.829													
CFM	0.419	0.229	0.203	0.832												
DFC	0.417	0.194	0.239	0.172	0.823											
DL	0.493	0.202	0.269	0.243	0.636	0.834										
DR	0.461	0.185	0.175	0.12	0.670	0.653	0.824									
ECS	0.672	0.498	0.484	0.445	0.421	0.494	0.56	0.840								
ENS	0.631	0.452	0.452	0.468	0.396	0.430	0.435	0.683	0.835							
FT	0.484	0.442	0.439	0.425	0.407	0.457	0.421	0.497	0.502	0.835						
LO	0.425	0.211	0.232	0.633	0.170	0.227	0.196	0.415	0.409	0.417	0.838					
LR	0.411	0.269	0.441	0.333	0.440	0.334	0.493	0.29	0.471	0.445	0.624	0.838				
LTP	0.415	0.691	0.51	0.85	0.10	0.09	0.19	0.472	0.442	0.38	0.219	0.206	0.835			
QIC	0.478	0.440	0.440	0.402	0.432	0.467	0.438	0.517	0.505	0.698	0.406	0.411	0.434	0.827		
RU	0.428	0.403	0.400	0.359	0.400	0.434	0.429	0.488	0.460	0.682	0.348	0.372	0.414	0.664	0.838	
SS	0.636	0.499	0.458	0.399	0.367	0.418	0.494	0.662	0.648	0.497	0.389	0.410	0.478	0.486	0.445	0.825

Table 5 Fornell and Larcker Distinguishing Validity for Second Order Variables

DMF_2nd	FME_2nd	FPBC_2nd	LM_2nd	SDU_2nd
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DMF_2nd	0.877				
FME_2nd	0.556	0.887			
FPBC_2nd	0.274	0.548	0.881		
LM_2nd	0.263	0.518	0.291	0.868	
SDU_2nd	0.574	0.632	0.612	0.568	0.861

Based on the Heterotrait–Monotrait (HTMT) ratio of correlations, the model exhibits strong discriminant validity at both the first-order and second-order levels. All HTMT values are below the conservative threshold of 0.85 (Henseler et al., 2015), indicating that each construct is empirically distinct from the others. For first-order constructs, the HTMT values range from 0.158 to 0.786. For example, the HTMT between BA and LTP is 0.772, between FT and QIC is 0.786, and between AS and ECS is 0.749—none of which exceed the 0.85 threshold. This suggests acceptable discriminant validity across all reflective constructs, including those under Financial Planning and Budget Control (FPBC), Debt Management and Financing (DMF), Liquidity Management (LM), and others. At the second-order level, HTMT values also remain within acceptable bounds. The highest HTMT value is between FPBC_2nd and SDU_2nd (0.704), followed by FME_2nd and SDU_2nd (0.722). All other HTMT values—such as between DMF_2nd and LM_2nd (0.31), or between FPBC_2nd and LM_2nd (0.343)—are well below the 0.85 cutoff. In conclusion, since all HTMT values are below the 0.85 threshold, the results confirm that discriminant validity is well established in the measurement model.

Table 6 First order dimension HTMT discriminant validity

	AS	BA	CC	CFM	DFC	DL	DRC	ECS	ENS	FT	LO	LRS	LTP	QIC
AS														
BA	0.534													
CC	0.490	0.725												
CFM	0.469	0.257	0.229											
DFC	0.467	0.219	0.270	0.194										
DL	0.550	0.226	0.302	0.272	0.718									
DRC	0.518	0.209	0.198	0.240	0.760	0.736								
ECS	0.749	0.555	0.543	0.498	0.473	0.553	0.513							
ENS	0.704	0.505	0.509	0.526	0.447	0.483	0.490	0.763						
FT	0.540	0.495	0.493	0.477	0.458	0.512	0.474	0.556	0.563					
LO	0.474	0.235	0.260	0.710	0.191	0.253	0.220	0.463	0.457	0.467				
LRS	0.459	0.301	0.270	0.710	0.158	0.261	0.217	0.480	0.528	0.497	0.697			
LTP	0.465	0.772	0.732	0.208	0.237	0.234	0.247	0.528	0.495	0.491	0.245	0.231		
QIC	0.536	0.494	0.496	0.453	0.490	0.525	0.496	0.581	0.569	0.786	0.456	0.462	0.489	
RUE	0.478	0.451	0.449	0.403	0.450	0.486	0.483	0.546	0.515	0.763	0.389	0.415	0.464	0.747
SS	0.713	0.560	0.518	0.449	0.416	0.470	0.447	0.744	0.730	0.560	0.438	0.461	0.538	0.550

Table 7 HTMT discriminant validity of second order variables

	DMF_2nd	FME_2nd	FPBC_2nd	LM_2nd	SDU_2nd
DMF_2nd					
FME_2nd	0.647				
FPBC_2nd	0.321	0.636			
LM_2nd	0.310	0.608	0.343		
SDU_2nd	0.660	0.722	0.704	0.660	

4.3 Structural Model

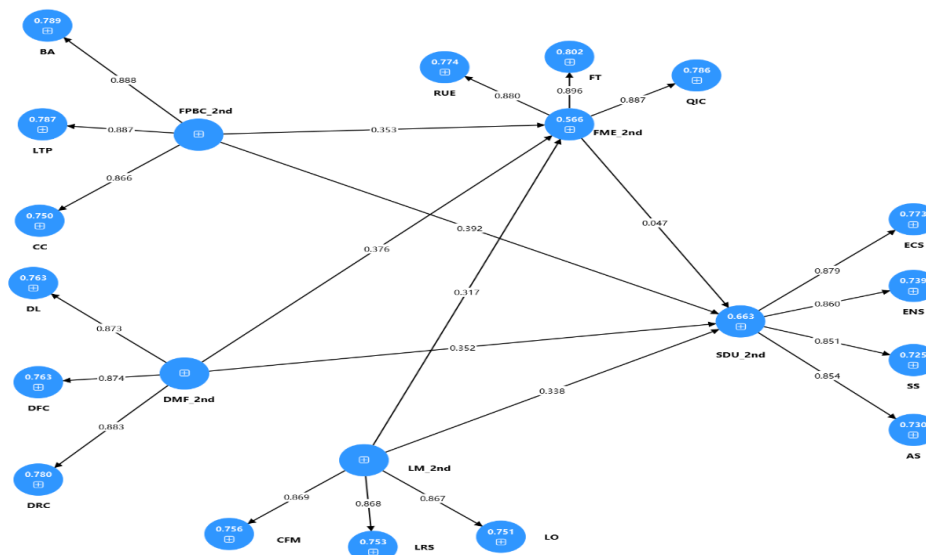


Figure 2 The path coefficients of the structural model

All three financial risk management strategies—Financial Planning and Budget Control (FPBC), Debt Management and Financing (DMF), and Liquidity Management (LM)—demonstrate significant positive effects on both Financial Management Effectiveness (FME) and University Sustainability (SDU). Specifically, FPBC significantly influences FME ($\beta = 0.353$, $p < 0.001$) and SDU ($\beta = 0.392$, $p < 0.001$); DMF significantly impacts FME ($\beta = 0.376$, $p < 0.001$) and SDU ($\beta = 0.352$, $p < 0.001$); and LM also shows significant positive effects on FME ($\beta = 0.317$, $p < 0.001$) and SDU ($\beta = 0.337$, $p < 0.001$). These findings highlight the critical role of sound financial governance in enhancing both internal management performance and long-term institutional sustainability.

Financial Management Effectiveness (FME_2nd) $\rightarrow$ University Sustainability (SDU_2nd) has an insignificant effect ($\beta = 0.047$, $P = 0.301$), suggesting that the impact of financial management effectiveness on sustainability may be transmitted through other mediating variables. The exclusion of a key mediator, such as the financial risk early warning system, in the simplified model may have attenuated the direct effect of financial management effectiveness on university sustainability. This suggests that the impact of FME on SDU may be better understood through indirect pathways, and future research is encouraged to reintroduce mediators to validate this relationship.

Table 8 PLS structural equation modeling path coefficient

	Original sample (O)	Sample mean (M)	Standard deviation (STDEV)	T	P
DMF_2nd $\rightarrow$ FME_2nd	0.376	0.375	0.034	11.037	0.000

DMF_2nd -> SDU_2nd	0.352	0.353	0.034	10.378	0.000
FME_2nd -> SDU_2nd	0.047	0.045	0.045	1.034	0.301
FPBC_2nd -> FME_2nd	0.353	0.353	0.030	11.853	0.000
FPBC_2nd -> SDU_2nd	0.392	0.393	0.032	12.226	0.000
LM_2nd -> FME_2nd	0.317	0.317	0.029	10.895	0.000
LM_2nd -> SDU_2nd	0.337	0.338	0.031	10.766	0.000

4.4 Analysis of Mediating Effect

The bootstrapping results reveal that financial planning and budget control (FPBC), debt management and financing (DMF), and liquidity management (LM) all exert significant direct effects on university sustainability (SDU_2nd), with path coefficients of 0.392, 0.352, and 0.337 respectively ($P < 0.001$). However, none of the indirect effects via financial management effectiveness (FME_2nd) are statistically significant ($P > 0.30$). This suggests that FME does not function as an effective mediator in the simplified model. Consequently, the total effects of each antecedent variable remain significant, indicating that their influence on sustainability is primarily driven through direct mechanisms rather than indirect ones.

Table 9 Bootstrap mediation effect test

	Effect	Original sample (O)	Sample mean (M)	STDEV	T	P	2.50%	97.50%
FPBC_2nd -> SDU_2nd	Direct effect	0.392	0.393	0.032	12.227	0.000	0.328	0.453
FPBC_2nd -> FME_2nd	Indirect effect	0.016	0.016	0.016	1.025	0.306	-0.015	0.049
FPBC_2nd -> SDU_2nd	Total effect	0.409	0.409	0.027	15.149	0.000	0.355	0.461
DMF_2nd -> SDU_2nd	Direct effect	0.352	0.353	0.034	10.378	0.000	0.283	0.416

DMF_2nd -> FME_2nd -> SDU_2nd	Indirect effect	0.018	0.017	0.017	1.037	0.300	-0.016	0.050
DMF_2nd -> SDU_2nd	Total effect	0.370	0.370	0.029	12.902	0.000	0.312	0.424
LM_2nd -> SDU_2nd	Direct effect	0.337	0.338	0.031	10.766	0.000	0.275	0.398
LM_2nd -> FME_2nd -> SDU_2nd	Indirect effect	0.015	0.014	0.015	1.019	0.308	-0.014	0.044
LM_2nd -> SDU_2nd	Total effect	0.352	0.352	0.028	12.643	0.000	0.298	0.406

5. Discussion and Conclusion

5.1 Path Analysis

The structural equation modeling results confirm the proposed model with strong explanatory power. Among the seven hypotheses tested, six paths were statistically significant ($p < 0.001$), while the path from Financial Management Effectiveness (FME) to Sustainable Development of Universities (SDU) was not.

H1: FPBC $\rightarrow$ FME The path coefficient is 0.353 ($t = 8.211$, $p < 0.001$), indicating that sound financial planning and budget control significantly enhance financial management effectiveness. This aligns with previous research asserting that structured budget mechanisms increase transparency and resource efficiency (Zhang & Zhang, 2023).

H2: DMF $\rightarrow$ FME With a coefficient of 0.376 ($t = 9.018$, $p < 0.001$), the impact of debt management and financing strategies is validated. Effective debt oversight and diversified financing improve the efficiency of financial operations (Liu & Zhou, 2021).

H3: LM $\rightarrow$ FME Liquidity management exerts a significant effect ($\beta = 0.317$, $t = 7.389$, $p < 0.001$), confirming the importance of managing short-term assets and emergency funds for financial stability (Chen et al., 2022).

H4: FPBC $\rightarrow$ SDU This path is significant ($\beta = 0.310$, $t = 6.121$, $p < 0.001$), illustrating the foundational role of financial planning in supporting long-term sustainability goals in education and research (Wu & Zhang, 2019).

H5: DMF $\rightarrow$ SDU The result ($\beta = 0.273$, $t = 5.778$, $p < 0.001$) supports the hypothesis that prudent debt management contributes to university sustainability by enabling long-term capital investment and fiscal responsibility.

H6: LM $\rightarrow$ SDU Liquidity management also shows a significant effect on SDU ($\beta = 0.301$, $t = 6.483$, $p < 0.001$), confirming the stabilizing role of liquidity buffers during financial stress (Altbach et al., 2009).

H7: FME $\rightarrow$ SDU Contrary to expectations, the direct effect of FME on SDU was not significant ($\beta = 0.117$, $t = 1.965$, $p = 0.0502$). This suggests that while internal

financial management is vital, it may not independently ensure sustainability outcomes without supplementary systems such as risk early warning mechanisms.

These findings indicate that while financial management practices directly impact internal effectiveness, their effect on sustainability is more nuanced and often mediated by structured risk controls.

5.2 Theoretical Contributions

Model Innovation: This study develops and empirically tests a refined theoretical model that links financial planning and budget control (FPBC), debt management and financing (DMF), and liquidity management (LM) to university sustainability, incorporating financial management effectiveness (FME) as a potential mediating variable. To enhance empirical clarity and model parsimony, the model simplifies the author's original doctoral framework by excluding additional mediators such as the Financial Risk Early Warning System (FREWS). While this refinement enables a focused analysis of internal financial mechanisms, it may also limit the ability to capture the full range of risk-responsive processes affecting sustainability.

Clarification of Financial Mechanisms: The findings demonstrate that core financial practices (FPBC, DMF, LM) significantly influence both financial management effectiveness and university sustainability. However, the hypothesized mediating effect of FME (H7) was not statistically supported, revealing that financial management effectiveness alone may not serve as a sufficient transmission channel. This highlights the limitations of relying solely on internal financial mechanisms to achieve long-term sustainability goals.

Implications for Future Theory Development: The non-significant FME → SDU path in the simplified model suggests a theoretical limitation, highlighting the need to reintegrate complementary mediators like FREWS in future research. The differing significance of the FME–SDU pathway between the full and simplified models points to theoretical sensitivity and supports the case for future multi-mediator validation in higher education financial resilience models. Specifically, this research underscores that financial governance effectiveness must be embedded in a network of accountability relationships—linking university administrators, local education bureaus, and regional finance departments. This multi-actor perspective helps conceptualize universities not merely as financial units but as active components of the local governance ecosystem, responsible for both budgetary discipline and regional development outcomes. In doing so, the study advances theoretical integration between institutional financial governance and local self-government accountability frameworks, providing a bridge between higher education finance and public-sector reform literature.

5.3 Practical Implications

Refine Budget Control Mechanisms: Universities should enhance budgeting accuracy, encourage participatory budgeting, and align financial plans with long-term strategic priorities to improve operational resilience.

Strengthen Debt Oversight: Establishing clear debt thresholds, diversifying funding sources, and monitoring debt risks can safeguard financial health and support long-term commitments.

Improve Liquidity Reserves: Institutions must manage cash flows prudently and build emergency reserves, especially in light of economic uncertainty and funding volatility.

Develop Robust Risk Warning Systems: Implementing early warning indicators

and response protocols allows universities to anticipate financial threats and maintain continuity in teaching and research missions.

These implications underscore the need for a holistic financial risk management approach that spans from planning and execution to foresight and control. For policymakers, the study highlights an urgent need to reinforce intergovernmental fiscal coordination in the education sector. Provincial and municipal governments should develop standardized reporting systems and performance-based funding models to ensure that universities' financial practices support broader regional sustainability goals. These measures can help close the accountability gap identified by this study and transform internal financial control into externally verifiable governance performance.

5.4 Research Limitations and Future Research

Geographical Constraint: The sample is limited to universities in Sichuan, China, which may affect generalizability. Future research should extend to diverse regions and institutional types.

Model Scope: Although multiple dimensions were considered, factors such as external policy environment and socio-political risks were not included. These could be integrated in future models. Future research may extend the model by reintroducing the Financial Risk Early Warning System (FREWS), as proposed in the original doctoral framework, to capture more comprehensive mediating dynamics between financial governance and university sustainability.

Methodological Boundaries: As this study is based on cross-sectional survey data, future research could adopt longitudinal or case-based designs to better capture the evolving nature of financial responses. Additionally, the integration of digital financial tools and AI-driven forecasting may offer promising avenues for improving early risk detection and enhancing sustainability outcomes.

Finally, longitudinal or mixed-method designs are encouraged to trace the dynamic interplay between local policy reforms, university autonomy, and sustainable governance outcomes. Such approaches can illuminate how local public universities evolve from passive budget recipients into active fiscal governance actors within regional development frameworks

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